

Share & Support Groups

Minnesota Department of Human Services and North Homes Children and Family Services are excited to continue our Share and Support Groups to all adoptive, foster and kinship families in Greater MN.



Support groups are an excellent tool where families are able to share experiences and encourage each other in a confidential, non-judgmental setting. Support groups are facilitated by North Homes case managers, with years of experience in both adoption and foster care fields. It is an opportune time for families to network, problem solve and gather information on available resources and trainings.

Support Group Schedule:

Virtual Groups are the 1st Monday of the month at 7:00pm

Recurring links: Join Zoom Meeting at <https://us02web.zoom.us/j/81926284627?pwd=c0tTUEYwdlJERTYUjZoYXlaOUZOUT09>

*Meeting ID: 819 2628 4627

*Password: 555894

Virtual Groups are the 2nd Wednesday of the month at 12:00pm

Recurring links: Join Zoom Meeting at <https://us02web.zoom.us/j/83740979176?pwd=NUpPYTVpWFpTOXF4WElnTmEIRENSUT09>

*Meeting ID: 837 4097 9176

* Password: 116122

February 2024 - Virtual Support Groups

February 5th at 7:00pm

February 14th at 12:00pm

Topic: Tips on Keeping Active in the Winter

May 2024 - Virtual Support Groups

May 6th at 7:00pm

May 8th at 12:00pm

Topic: Stop the Bleed® - How to Stop Traumatic Bleeding

March 2024 - Virtual Support Group

March 4th at 7:00pm

March 13th at 12:00pm

Topic: Open Discussion

June 2024 - Virtual Support Groups

June 3rd at 7:00pm

June 12th at 12:00pm

Topic: Understanding Autism

April 2024 - Virtual Support Groups

April 1st at 7:00pm

April 10th at 12:00pm

Topic: Pre/Post Adoption Questions and Resources

July 2024 - Virtual Support Groups

July 1st at 7:00pm

July 10th at 12:00pm

Topic: Open Discussion

Support Groups are open to any adoptive, foster and kinship families licensed in the state of Minnesota.

For any questions contact Jill Florek at 218-327-3000 or jill.florek@northhomes.org.