

Support Groups

Minnesota Department of Human Services and North Homes Children and Family Services are excited to host Permanency Support Services for all adoptive, foster and kinship families in Greater MN.



Support groups are an excellent tool where families are able to share experiences and encourage each other in a confidential, non-judgmental setting. Support groups are facilitated by North Homes case managers, with years of experience in both adoption and foster care fields. It is an opportune time for families to network, problem solve and gather information on available resources and trainings.

Support Group Schedule:

Virtual Groups are the 1st Monday of the month at 7:00pm

Recurring links: Join Zoom Meeting [HERE](#)

*Meeting ID: 819 2628 4627 *Password: 555894

Virtual Groups are the 3rd Thursday of the month at 1:00pm

Recurring links: Join Zoom Meeting [HERE](#)

*Meeting ID: 837 4097 9176 * Password: 116122

August 2022 - Summer Picnics

We will host summer picnics in Duluth, Grand Rapids, Bemidji and Detroit Lakes.

Click [HERE](#) for details

September 2022 - In-Person Support Groups

We will host in-person support groups in Grand Rapids, Duluth and Bemidji.

Click [HERE](#) for details

October 2022 - Virtual Support Groups

October 3rd at 7:00pm

October 19th at 1:00pm (moved to Wed due to MEA)

Topic: The Ins and Outs of the System

November 2022 - Virtual Support Groups

November 7th at 7:00pm

November 17th at 1:00pm

Topic: How to Support Foster Youth During the Holidays

December 2022 - Winter Celebrations

We will host winter celebrations in Duluth, Grand Rapids, Bemidji and Detroit Lakes.

Click [HERE](#) for details

December 15th at 1:00 - Virtual Support Group

Topic: Open Discussion

January 2023 - Virtual Support Groups

January 9th at 7:00pm (moved due to Holiday)

January 19th at 1:00pm

Topic: The Importance of Self-Care

For any questions contact Jill Florek at 218-322-4118 or jill.florek@northhomes.org.