



NORTH HOMES

Children and Family Services

Offices in Grand Rapids, Bemidji, Deer River and Duluth, Minnesota

COMPLETE PROGRAM LIST



Where second chances...
 ...inspire better stories.

Table of Contents



Bemidji • Grand Rapids • Deer River • Duluth

Least restrictive, most appropriate continuum of care

- Adoption • Foster Care • In-Home Services
- Chemical Health Assessment & Outpatient Treatment
- Mental Health Assessment and Counseling Center • CTSS • Residential Treatment Cottage
- Boys Program • Boy's Teens in Transition • Winnie Sisu House
- Girls Hawkins Home Residential Treatment • Culture and Diversity
- School Based Services • Next Step Program • Camp North Homes
- Safe Harbor Support Services
- I.T.A.S.K.I.N. Center:**
- Stabilization Shelter Unit • 35 Day Evaluation • Detention Center
- Intensive Residential Treatment

Welcome to North Homes 2-3

COMMUNITY SERVICES

Children's Therapeutic Support Services (CTSS)

- In-home Services & Supports 6
- School-based 8
- Day Treatment 9
- Targeted Case Management 7

Family Group Conferencing 23

Chemical Health Assessment & Outpatient Treatment 24

Adult Services

- Adult Rehabilitative Mental Health Services 4
- Housing Support Program 5
- Targeted Case Management 7

Safe Harbor Program 25

Camp North Homes 16

FOSTER CARE / ADOPTION

Adoption

- MN Waiting Program 10
- Child Specific Recruitment 10

Foster Care 11

RESIDENTIAL PROGRAMS

Grand Rapids Area

- ITASKIN Center 12-13
- Stabilization Unit 12
- 35 Day Evaluation 12
- Intensive Residential Treatment 13
- Secure Unit 13
- Boy's Program 17
- Boy's Teens in Transition (TNT) Program 18
- Boy's Next Step Program 19
- Residential Treatment Cottage 21

Bemidji Area

- Girl's Winnie Sisu House (Home for Sexually Exploited Youth) 20
- Girl's Hawkins House Residential Treatment 21

COMMUNITY MENTAL HEALTH CENTERS

Assessment Services 14

Counseling Services 14

Trauma-Focused Cognitive Behavioral Therapy 15

Welcome to North Homes

OUR STORY

North Homes Children and Family Services is a private, non-profit agency that provides comprehensive mental health services to children and families across Northern Minnesota.

North Homes was first imagined in the 1980's when Jim Christmas, Founder and CEO, noticed a gap in services for youth in the northland. He saw that most children at this time were being sent out of the area for needed services, adding costs to and stress on families. It was his vision to start an organization that would support keeping families together and youth connected to their community.

Since our founding in 1990, we've grown from one residential group home in Grand Rapids to offering 30 unique services – serving over 4,700 children and families, and employing over 260 staff.

CONTACT INFORMATION

Administration Building

303 SE First St, Suite 1, Grand Rapids, MN 55744

(218) 327-3000

ITASKIN Center

1880 River Road, Grand Rapids, MN 55744

(218) 327-3000

Grand Rapids Outpatient Building

413 13th St. SE, Grand Rapids, MN 55744

(218) 999-9908

Bemidji

4225 Technology Dr. NW Bemidji, MN 56601

(218) 751-0282

Deer River

313 Main Ave. E, Deer River, MN 56636


Toll Free (844) 466-3720

Duluth, MN

(218) 733-3000

www.northhomesinc.org

Toll Free: (888) 430-3055

 North Homes Children and Family Services

OUR MISSION

Our mission is to provide a community-based continuum of quality care to children and families. To us, this means offering multiple programs that support the mental-health needs of clients – all within one organization. This continuum of care philosophy allows individuals to transition to less restrictive settings as they attain their specific goals within a seamless and supportive community of professionals.

By building on the strengths of each individual, we empower clients to successfully return to their families, home communities, and independent living settings.

As every family and child has a different story, North Homes offers a service continuum that takes an individualized and holistic approach to treatment.



Restorative, Recovery-focused Skills & Services for Adults

Adult Rehabilitative Mental Health Services (ARMHS) provides recovery focused services for adults in their homes or in the community, to help achieve goals and live more independently.



Eligibility

- 18 years or older
- Mental health disorder or traumatic brain injury
- Current Diagnostic Assessment
- Functional impairments resulting from a mental health disorder that could benefit from ARMHS
- Medical assistance eligibility

Skills and Support Offered

- Access to community resources
- Improve communications
- Explore recreation & leisure time opportunities
- Learn to budget & manage money
- Take care of your home
- Learn about medications & your health
- Learn how to cook
- Discover housing resources
- Understand symptoms of mental illness
- Learn ways to manage & improve how you feel
- Learn how to get a job or go to school

Contact/Referral Information

Grand Rapids (218) 327-3000
Bemidji (218) 751-0282
Duluth (218) 733-3000



Helping adults with a mental illness find and maintain safe, affordable housing.

Services Include

- Locating available housing
- Working with housing resources
- Assistance with rental application
- Exploring housing preferences and needs
- Understanding tenant rights and responsibilities
- Developing positive relationships with landlords and neighbors
- Keeping your home safe, clean and comfortable
- Assistance with money management and budgeting

Eligibility

- 18 years or older
- In need of safe, affordable housing; homeless or at risk of homelessness
- Diagnosis of a serious mental illness determined by a Mental Health Professional

Contact Information

Grand Rapids (218) 259-7998

Children's Therapeutic Services & Supports

CTSS works to strengthen families to reduce out-of-home placements. Youth under 18 years old complete a diagnostic assessment with a mental health professional to formulate goals and objectives identified by the child and their family. Treatment goals and interventions focusing on youth and family mental health needs are developed with a mental health practitioner in the family's home to:

- Treat symptoms causing issues in the family environment
- Enhance daily living skills
- Improve relationships

Payment Options

- Medical Assistance
- County Pay

Contact Information

To make a referral or for more information, call:
Grand Rapids (218) 327-3000

Targeted Case Management

Youth Services

Targeted Case Management assists children with emotional disturbances (ED) and their families by accessing medical, social, education, vocational, financial and other needed mental health services. TCM services include:

- Developing Individual Family Community Support Plan (IFCSP)
- Ensuring coordination of services
- Monitoring and evaluating delivery of services

Payment

Families are not charged for TCM services. Charges are billed to Medical Assistance, IMCare, county pay, and private insurances.

Adult Services

Adult Mental Health Targeted Case Managers help individuals with mental health recovery and achievement of life goals. Case managers advocate, assist, monitor and support. Activities and services of case management include:

- Developing an individualized person- centered support plan
- Connecting to needed mental health and other services such as: medical, social, educational, vocational, residential and more
- Coordination and monitoring of services

Eligibility

- 18 years or older
- Diagnostic Assessment completed by a Mental Health Professional indicating a serious and persistent mental illness
- Approval by Itasca County Health and Human Services
- Adolescent who has received children's case management and is within 90 days of turning 18 or upon turning 18 seeks adult case management services

Contact Information

To make a referral please contact:
Grand Rapids Office (218) 327-3000

School Based Services

School based mental health services strengthen students and their families through prevention and intervention within a school setting. In order to determine eligibility for the program, students need to complete a Diagnostic Assessment conducted by a mental health professional. If determined eligible, a mental health professional or practitioner will meet with the student and family to formulate goals and objectives identified by the family and student in conjunction with feedback from school professionals.

Services Available Include

- Individual, family, and group psychotherapy and skills training directed towards changing or reducing symptoms of a mental health condition aimed at improving functioning at home, school, and in the community
- Diagnostic Assessments and treatment planning by a Licensed Mental Health Professional
- Student specific consultations with parents and school staff

Payment Options

- Medical Assistance, if receiving CTSS
- 3rd party insurance, if receiving therapy
- School linked mental health grant

Questions and Referrals

Deer River and Northland-Remer Schools	(844) 466-3720 <i>Toll Free</i>
Bemidji, Walker and Northome Schools	(218) 751-0282
Bigfork, Grand Rapids Schools and Nashwauk-Keewatin	(218) 999-9908
Carlton County Schools	(218) 733-3000

Summer Programming

Summer CTSS programming allows children and families to receive year-round support and continuation of skill development. Children have the ability to continue to work on their skills in a group and individual setting. These continued skills can help children improve their relationships and enhance their overall ability to cope with difficulties or changes in their lives. This also allows families to stay in contact with their child's school based practitioner throughout the summer which allows a continuity of services. Please call to learn more information and to see if summer programming is available in your area.

Contact Information (218) 999-9908

Day Treatment Services

Day Treatment is an intensive on-site program that provides a broad range of therapeutic services designed to strengthen individual and family functioning. Daily services include 1-hour group therapy and 2-hour group skills training as well as phone contact with parents/caregivers. Individual and family skills training are provided based on individual needs. Youth continue to participate in school activities, like presentations, pow-wows, awards, and recess. Emergency and crisis intervention is available as needed. Day treatment services are provided by a multidisciplinary team, under the clinical supervision of a mental health professional.



How to Access

The decision to place a child into the program depends upon age, geographic location, resident school district, current openings, IEP and other variables that may help ensure a successful Day Treatment experience. Youth must be designated as Severely Emotionally Disturbed (SED) by a current Diagnostic Assessment and meet Children's Therapeutic Services and Support (CTSS) eligibility criteria for Day Treatment services.

King Learning Center (KLC) - Deer River Location

The King Learning Center offers an alternative and therapeutic school environment to children in grades K-5 whose previous school performance has been limited by significant emotional, behavior and learning difficulties. KLC is a cooperative program between North Homes Children and Family Services and Independent School District #317.

Contact Information Deer River Office *Toll Free* (844) 466-3720

Southwest School – Grand Rapids School District

The Southwest School offers an alternative and therapeutic school environment to children in grades K-4 whose previous school performance has been limited by significant emotional, behavior and learning difficulties. SW school is a cooperative program between North Homes Children and Family Services and Independent School District #318

Contact Information Grand Rapids (218) 999-9908

Adoption Services

North Homes Adoption serves children ages 0-17 in addition to families from all over the State of Minnesota who wish to adopt a child through the Minnesota Waiting Program. Minnesota Waiting Children are under the guardianship of the State of Minnesota and need a permanent, loving home.



MN Waiting Program

The Minnesota Waiting Program aims to match children who are under State or Tribal guardianship with permanent, loving families. The adoption program is supported by funding through a grant program sponsored by the Minnesota Department of Human Services and services are provided at no cost to families. Many Minnesota Waiting Children qualify for financial assistance after adoption finalization which may include a monthly payment and Medical Assistance benefits. Families wanting to pursue MN Waiting Children are required to be licensed for foster care which includes a 20 hour Pre-Adopt training course.

Child Specific Recruitment

North Homes Adoption is able to assist county and tribal social services agencies in finding an adoptive home for a specific child. This service is at NO COST to county or tribal agencies and is funded by the Minnesota Department of Human Services. North Homes will work with county and tribal social service agencies to recruit adoptive placements for children and sibling groups under State or Tribal guardianship when routine efforts have not resulted in an adoptive family. North Homes' goal is to increase the number of adoptions of hard to place children, teens, and sibling groups.

Contact Information

Bemidji	(218) 751-0282
Grand Rapids	(218) 327-3000
Duluth	(218) 733-3000

Foster Care Services

North Homes Children and Family Services is licensed by the Minnesota Department of Human Services as a resource for foster care. Children and their families benefit from foster homes that are willing to be supportive, mentoring and caring. By providing children and adolescents in need with a nurturing family home, we are able to provide children the least restrictive, most appropriate setting to address their needs.



North Homes has approximately 150 licensed therapeutic foster homes throughout the state of Minnesota. Each licensed foster home is assigned a case manager who supports both the providers and the youth in care.

Additional components include:

- Supportive case managers who are available 24 hours a day
- Personalized case management with frequent face-to-face visits
- Individualized staffing meetings every 90 days with the child's entire treatment team
- Easy access to North Homes Children and Family Services' full continuum of support
- Careful placement considerations determined by the individual needs of the each child
- Access to respite care hours
- Frequent training regarding foster care specific topics
- Assigned Licensor to each foster home

Contact Information

For further information on either becoming a foster provider or placing a foster child in one of our NHCFS foster homes, please call:

Bemidji	(218) 751-0282
Grand Rapids	(218) 327-3000
Duluth	(218) 733-3000

35 Day Evaluation Program

The offered components of the evaluation include:

- Behavioral Assessment
- Psychological Evaluation
- Academic Assessment
- Health Assessment
- Chemical Dependency Evaluation
- Family History and Assessment
- Psychiatric Assessment
- Recreation and Leisure Evaluation

Stabilization Unit

The ITASKIN Stabilization Unit provides a safe placement setting for youth, 12-18 years old. Youth under 12 years old may be accepted for short-term crisis intervention. Upon admission each child receives a health screening by a registered nurse, a case manager to assist the family with additional options and direction, and a transition plan for stabilization and discharge.

Accepted placement reasons include:

- Alternative to psychiatric hospitalization (when medically appropriate)
- Personal/family crisis protection
- Running away
- High risk behaviors/self harm
- Respite care
- Truancy/summer school



Intensive Residential Treatment Program

Intensive residential treatment is meant for youth who are in need of a highly structured and supportive environment with access to 24-hour mental health services. Youth work on specific, individualized goals in a short-term setting. This is a thirteen bed program for youth who are at least 11 years old at the time of placement.

Program Components Include:

- Mental Health Treatment
- Family Assessment
- Trauma-focused Care
- Chemical dependency education
- On-site schooling – ISD 318
- Dialectical Behavior Therapy (DBT) Skills Groups
- And access to other services

Contact Information

To make a referral or for more information, call:
Grand Rapids Office (218) 327-3000

Secure Unit

The Secure unit is a twelve bed detention center. Youth must be at least 10 years old and not older than 19 years of age unless they have remained under the courts' extended juvenile jurisdiction (EJJ). Programming is available for both boys and girls. Youth attend school provided by ISD 318 and are encouraged to participate in recreational activities. In addition, youth have access to chemical health education and mental health services.

Consequence Based Program:

- Flexible
- Short or Long Term
- Consequence Based
- Daily use of Behavioral Rating Scales used Daily
- Availability of Urine Analysis
- Cognitive Behavioral Groups and Individual Work

Contact Information

To make a referral or for more information, call:
Grand Rapids (218) 326-8953 or (218) 327-3000

Assessment & Counseling

North Homes has Community Mental Health Centers (CMHC) in Grand Rapids, Bemidji, Deer River, and Duluth. A CMHC is a Community-based outpatient facility that provides a full range of comprehensive mental health services to children, families, and individuals. Outpatient services may include individual, group, and family counseling; psychological testing; and other mental health services.

North Homes clinicians utilize evidence based practice models.

ASSESSMENTS SERVICES:

- Diagnostic assessments
- Psychological evaluations
- Parental capacity evaluations
- Mental Illness Chemical Dependency (MICD)
- Family assessments
- Projective testing

COUNSELING SERVICES:

- Play Therapy
- Grief Therapy
- Couples Therapy
- In-home individual and family
- Trauma Therapy
- Group Therapy
- Domestic Violence Intervention Groups Therapy
- Children's Therapeutic Services and Supports (School Based and Home Based)
- Managing & Adapting Practice (MAP)
- Family Group Conferencing
- Individual Therapy
- Anger Management
- Family Therapy
- School Based Therapy
- Parenting Education
- Parent-Child Interaction
- Trauma Informed Therapies (National Certified Therapist)

Payment Options

- Medical Assistance
- Medicare
- Most insurances are accepted
- Self-Pay based on sliding fee scale dependent on income

Contact Information

To make a referral or for more information, call:

Grand Rapids (218) 327-3000
Bemidji (218) 751-0282

Deer River (844) 466-3720 Toll Free
Duluth (218) 733-3000

Note: Some paperwork will need to be completed prior to making a therapy appointment

Trauma-Focused Cognitive Behavioral Therapy



North Homes Children and Family Services has a variety of therapists who are certified in Trauma Focused Cognitive Behavioral Therapy (TF-CBT). This is a short-term treatment modality to help children overcome the painful effects of experiencing traumatic life events. It is a treatment that teaches skills and strategies to help children and caregivers manage symptoms of trauma.

**Eye movement desensitization and reprocessing (EMDR) is also available for trauma informed care.*

Contact Information

If you would like to make an appointment for TF-CBT please contact:

Grand Rapids Office (218) 999-9908
Bemidji Office (218) 751-0282
Duluth Office (218) 733-3000

Camp North Homes is located on beautiful Hill Lake just outside of Grand Rapids. Large pines surround the serene setting where valuable lessons and life long memories are made year-round. Camp North Homes is an extension of our recreational programming and a supplement to each program of the North Homes continuum, including all residential programs, foster care, adoption, Children's Therapeutic Supports & Services (CTSS) and more. The mission of Camp North Homes is to provide powerful new experiences for youth and adults in an outdoor setting. We let the wilderness be the medium as we support each other to have new experiences, step outside of old comfort zones and build both personal and practical hard skills. The pillars of Camp North Homes are adventure experiences, environmental education lessons and teambuilding challenges. We welcome people from all backgrounds and abilities to deepen their understanding of themselves, their group members and the natural world through a combination of education, adversity and support.



Additionally, Camp North Homes provides programming for local school, community and business groups looking to provide their members with valuable experiences. Whether it is a high school sports team doing a problem-solving challenge, a corporate teambuilding adventure on the high ropes course or a school group out for canoeing and lakeshore ecology, Camp North Homes is the place for all to experience success.

Activities at Camp currently include:

- Archery
- High Ropes Challenge Course
- Teambuilding Activities
- Canoeing
- Swimming
- Fishing
- Snowshoeing
- Cross Country skiing on a groomed trail
- Fire Instruction (*safety, building, cooking*)
- Beach Volleyball
- Stand Up Paddle Boarding
- Introductory Garden & Compost Lessons
- Woodworking
- Nature Based Crafts
- Tree, Plant & Animal Identification
- And much more!

More Information

For more information, please visit the Camp North Homes web page for weekly happenings or contact the Camp Director at (218) 327-3000

Age Group: 10-16 – Grand Rapids, MN

The Boy's Program is a community based program that supports boys in obtaining individual goals through daily programming, skill development, and education through on-site services in a homestyle setting. Each youth has an individual case plan with specific goals to strive towards. Case plans are reviewed weekly to assess and support the youth's goal process.

Services are coordinated by individual need:

- Outpatient Mental Health
- Groups psychotherapy
- Family Therapy
- Individual Therapy
- Outpatient Chemical Dependency Treatment

Contact Information

To make a referral to the Boy's Program, call:
Grand Rapids Office (218) 322-4132



Age Group: 16-21 – Grand Rapids, MN

Teens in Transition is a community based program that introduces independent living skills, while living in a structured home-style setting. Youth involved in this program work with professional staff, and have an individualized case plan to support treatment and personal goals. Teens in Transition is available for adolescent boys aged 16-21 years old.

Services are coordinated by individual need:

- Outpatient Mental Health
- Groups psychotherapy
- Family Therapy
- Individual Therapy
- Outpatient Chemical Dependency Treatment

Contact Information

To make a referral to the Boy's Teens in Transition, call:
Grand Rapids Office (218) 322-4132

Age Group: 16-21 – Grand Rapids, MN

Next Step is a community based program that acts as a bridge between our Teens in Transition program and independent living. Adolescent boys involved in Next Step work on obtaining and maintaining employment, budgeting and financial management, and securing housing. In an apartment-like home setting, this program provides 24 hour awake staff to support and develop the skills needed to live independently. Next Step is available for adolescent boys aged 16-21 years old.

Services are coordinated by individual need:

- Outpatient Mental Health
- Groups psychotherapy
- Family Therapy
- Individual Therapy
- Outpatient Chemical Dependency Treatment

Contact Information

To make a referral for the Next Step, call:
Grand Rapids Office (218) 322-4132



Winnie's Sisu House



Age Group: 16-18 – Bemidji, MN

Winnie Sisu is a therapeutic transitional living home, providing support to girls who have been or are at high risk of being sexually exploited and or trafficked. Programming is structured to help support and develop the attitude, self-concept, and skills needed for self-sufficiency and independent living. Using a client-centered approach and trauma-informed care, residents receive services tailored to their individual needs and treatment goals. Winnie Sisu is open to adolescent girls aged 16-18 years old. Girls may be placed by county, tribe, probation, or self-referred.

Program Components:

- Counseling services for residents and their families
- Job services to help residents prepare for or secure employment
- Living skills training to help residents prepare for independent living
- Housing support, budgeting, meal preparation and planning, and other support services as needed

Contact/Referral Information

(218) 327-3000

Girls Hawkins Home Residential Treatment

Hawkins Home ~ Age Group: 12-17 – Bemidji, MN

Hawkins Home is a therapeutic living environment for adolescent girls aged 12-17 years old, who are diagnosed with a Serious Emotional Disability (SED). Programming is strength-based, preparing girls to be successful to return to their home, community, and school. Along with assistance from North Homes staff, girls and their families will set goals together to support change and healing within their relationships.



Licensed by the Minnesota Department of Human Services, Hawkins Home provides a caring, safe, and healthy living environment. Hawkins Home is staffed by mental health practitioners and professionals 24-hours a day, ensuring that girls have access to treatment, supervision, and support when they need it most.

Program Components:

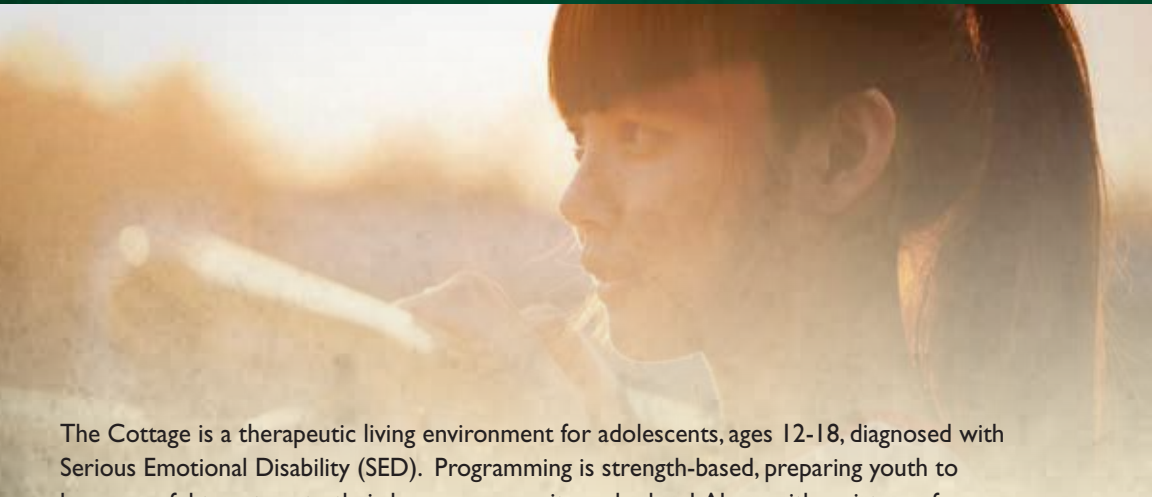
- Supportive family integration
- Family visits and phone calls
- Daily therapeutic and psycho-educational groups
- Strength-based, individualized treatment
- Cultural education, activities, and advocacy
- Structured daily recreational and leisure activities
- Trauma-focused Care
- Immediate mental health support in a home-like atmosphere
- On-site health screening and interventions
- Dialectical Behavior Therapy (DBT) Skills Groups
- Access to other supports through our North Homes continuum of care

Contact Information:

To make a referral for the Girls Hawkins Home Residential Treatment, call (218) 327-3000

Residential Treatment Cottage

Family Group Conferencing



The Cottage is a therapeutic living environment for adolescents, ages 12-18, diagnosed with Serious Emotional Disability (SED). Programming is strength-based, preparing youth to be successful to return to their home, community, and school. Along with assistance from North Homes staff, youth and their families will set goals together to support change and healing within their relationships.

Licensed by the Minnesota Department of Human Services, The Cottage provides a caring, safe, and healthy living environment. The Cottage is staffed by mental health practitioners and professionals 24-hours a day, ensuring that youth have access to treatment, supervision, and support when they need it most.

Program components include:

- Supportive family integration
- Family visits and phone calls
- Daily therapeutic and psycho-educational groups
- Strength-based, individualized treatment
- Cultural education, activities, and advocacy
- Structured daily recreational and leisure activities
- Trauma-focused Care
- Immediate mental health support in a home-like atmosphere
- On-site health screening and interventions
- Dialectical Behavior Therapy (DBT) Skills Groups
- Access to other supports through our North Homes continuum of care

Contact Information

To make a referral for the Residential Treatment Cottage, call Grand Rapids Office (218) 327-3000

Why use Family Group Conferencing?

Family Group Conferencing (FGC) focuses on the strengths of families, and is a problem-solving process that provides families with the opportunity to make important decisions together within a support system.

FGC is organized by a trained facilitator who is independent of your situation. The facilitator brings together your extended family and supporting agencies to make well rounded decisions to create and then carry out a plan. Families may use FGC to resolve problems due to the out-of-home placement of a child, during a divorce, or during a time when the care of an elderly parent needs to be decided. The facilitator will set up and run the meeting, but will not make any decisions about your family plan. Lastly, they will write out your plan and distribute it to all participants.

Family Group Conferencing is:

- Family Centered
- Culturally Relevant
- Strength Based
- Community Based

Who May Attend:

- Children / Siblings
- Parents / Extended Family
- Spiritual Advisor / Elders
- Social Workers / Service Providers
- Probation Agents
- Guardians / Family Friends
- Foster Parents

Contact Information

For more information on Family Group Conferencing, or to make a referral, call Bemidji (218) 751-0282

North Homes provides a number of chemical health services throughout our continuum of care that are focused on building healthy emotional management, communication, conflict resolution, and problem-solving skills.

Outpatient Program in Grand Rapids

Chemical Health services for individuals who have been diagnosed with a substance use disorder. Programming is 12—16 weeks, and individuals must complete either a Rule 25 and/or have private insurance funding. Components include individualized treatment plans, integrated mental health services, family groups, and more. *Services take place at our Community Mental Health Center.*



Family Sessions

Family sessions utilize a group therapy approach to treatment, and include a strong education component regarding the effects of chemical use on families, schooling, employment, and relationships. This includes education regarding relapse and relapse prevention, develop and practice communication skills, establish relationship management skills, and more.

Youth Chemical Health Education Program

This program is designed for youth who do not currently have, but who may be at risk of, a substance use disorder diagnosis. Programming provides education regarding chemical health issues, and is a 3-hour session provided bi-monthly on Thursdays. Youth are accepted through probation programs, community agency referrals, or self-referrals. Families can also be included. *This program is not Rule 25 funded.*

Chemical Health Program at the Northwest MN Juvenile Center, Bemidji

North Homes offers an outpatient Chemical Dependency program for youth at the Northwest MN Juvenile Center. This program is designed to support co-occurring mental illness and chemical dependency (MICD). Both an LADC and Mental Health Professional work together weekly to support youth in creating an individualized treatment plan that reflects their needs and goals. Each youth is expected to work through the first five steps of recovery, along with additional assignments.

Contact Information

To make a referral or for more information, call Grand Rapids (218) 999-9908.



What is Safe Harbor?

Minnesota Recognizes that young people who are being sexually exploited need understanding, support, and services. There is even a law to protect and help young people, called the Minnesota Safe Harbor Law. If you are 24 or under, the law can help you get services to meet your needs, like housing, food, legal help, counseling, etc. If you are under 18, the Safe Harbor Law can protect you from being charged as a criminal for the sexual exploitation that might be happening to you.

If you or someone you know is currently being exploited or is at risk of exploitation, please contact the advocate in your area below:

Bemidji Region

(218) 963-5225

Duluth Region

(218) 576-3282

Grand Rapids Region

(218) 259-4078

Aitkin or Remer Region

(218) 259-5228



**EVERY
30 SECONDS**

ANOTHER PERSON BECOMES A
VICTIM OF HUMAN TRAFFICKING

Our Mission

“To provide a Community-Based Continuum of Quality Care to Children and Families.”

Grand Rapids
(218) 327-3000

Duluth
(218) 733-3000

Bemidji
(218) 751-0282

Deer River
(844) 466-3720

